



DAY LEADERSHIP
ACADEMY

2024

Day Leadership Academy



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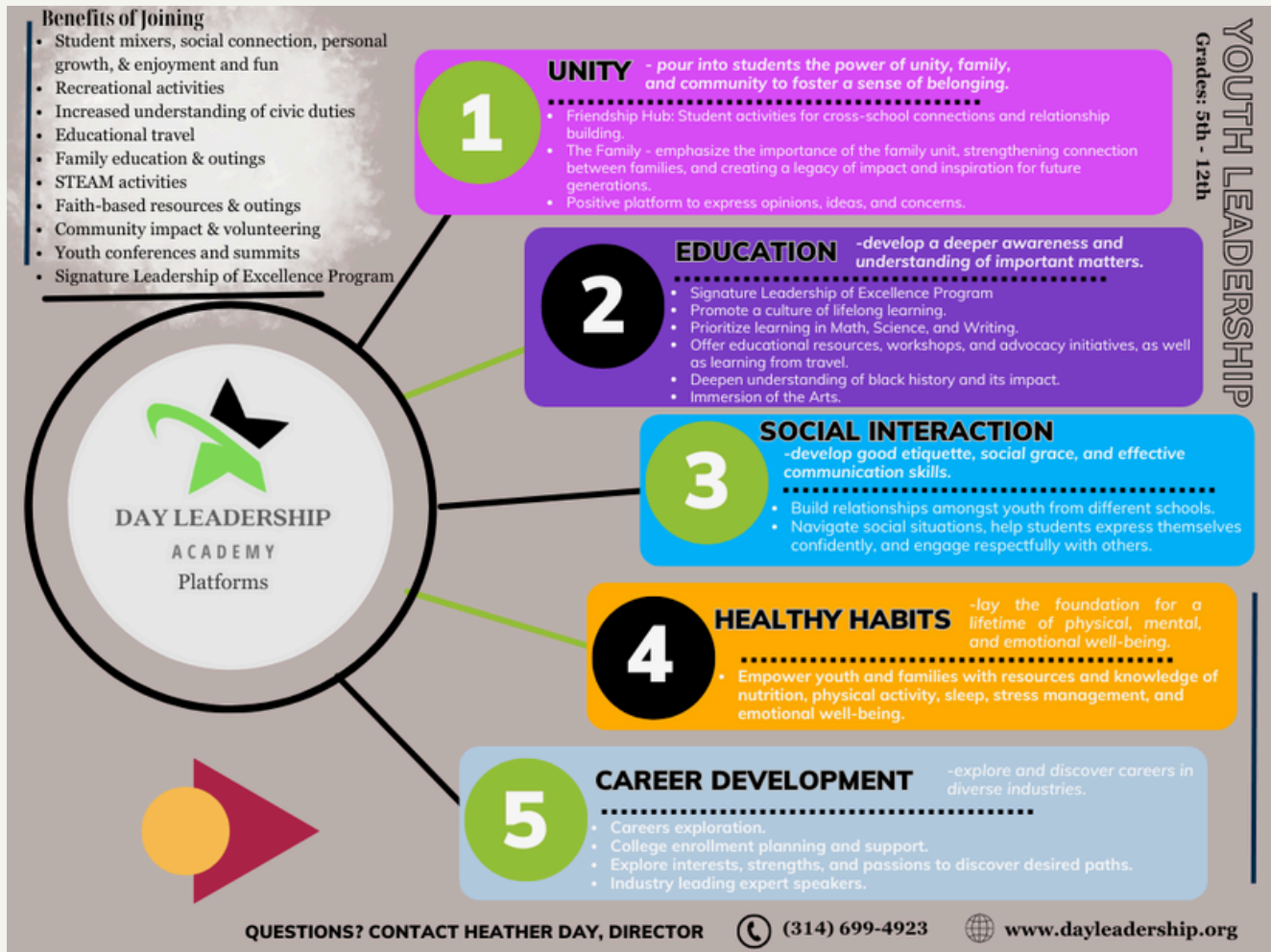


About Day Leadership Academy

Day Leadership Academy (DLA) is a premiere value-based youth leadership organization that seeks to foster excellence in unity, education, social interaction, healthy habits, and career development. DLA's priority is student trajectory and preparing them to succeed personally and professionally. Our courses and Signature Leadership of Excellence Program target black families and allies in grades 5th to 12th. Our training in civic leadership and faith-based resources provide opportunities for civic engagement and access to religious education to develop leadership skills while connecting students with community and spiritual values. DLA values a strong community and family network and creates unforgettable learning experiences that address etiquette and social grace. DLA also works to build healthy friendships amongst students and offers mental and emotional support to improve how students handle stress, relate to others, and make healthy choices.



Leadership Platforms





Day Leadership Academy Value Proposition

Our Value Proposition lies in providing a supportive, unified, and empowering community tailored to the specific needs and experiences of our participants. The breakdown of the value proposition:

1. Community and Support - The organization offers a space where Black students and families can connect with others who share similar backgrounds, challenges, and aspirations. This sense of belonging fosters support, understanding, and solidarity within the community.
2. Empowerment and Representation - By centering the experiences and voices of Black individuals and families, the organization empowers its members to take pride in their identity, culture, and heritage. Representation matters, and being part of a community that celebrates and uplifts Black excellence can have a profound impact on self-esteem and self-efficacy.
3. Education and Advocacy - The organization provides educational resources, workshops, and advocacy initiatives focused on addressing systemic barriers, promoting equity, and advocating for social justice. By engaging in dialogue, learning, and action, members can become informed advocates and change agents within their own communities.
4. Cultural Enrichment - Through cultural events, celebrations, and activities, the organization promotes cultural awareness, appreciation, and preservation. It offers opportunities for members to learn about their history, traditions, and contributions to society, fostering a sense of pride and heritage.
5. Holistic Development - The organization prioritizes the holistic development of its members, providing resources and programming that address not only academic and professional goals but also mental health, wellness, and personal growth. It recognizes the intersectionality of identities and strives to support members in all aspects of their lives.
6. Mutual Benefits of School Collaboration - Partnerships with schools and this organization may increase student engagement, lead to improved academic performance, and overall well-being. This organization can help schools achieve their goals related to student success, equity, and create positive outcomes for students.



Membership

At Day Leadership Academy, we offer an annual membership that provides access to a variety of benefits and opportunities for growth. The membership fee includes access to a range of free classes and activities designed to support the development of our members holistically. Additionally, we also offer specialized classes, educational travel, and workshops that may have associated costs. These paid classes provide opportunities for more in-depth learning and skill development in specific areas. Our goal is to provide a diverse range of programming to meet the needs and interests of our members while ensuring access to both free and paid options. We believe this approach allows us to offer high-quality experiences while maintaining affordability and inclusivity for all members of our community.



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MEMBERSHIP

Student in 5th grade to 12th grade

MEMBERSHIP BENEFITS

- Leadership Workshops/Trainings
- Peer-to-Peer mentoring
- Social Events
- Travel
- Job Opportunity
- Member Discounts
- Community Service
- Leadership Recognition
- Access to resources and tools

SCAN



[dayleadership.org/join the academy](https://dayleadership.org/join-the-academy)

\$35 ANNUAL MEMBERSHIP

More Information
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[@dayleadership2021](https://www.facebook.com/dayleadership2021)

[@day.leadershipacademy](https://www.instagram.com/day.leadershipacademy)



Programs and Services

Course Title: **Experiential Travel: Exploring Cultures, Communities, and Change**

This course is a transformative educational travel experience designed to inspire and teach young leaders to make a positive impact in their society. Through immersive cultural experiences, community engagement, and hands-on learning opportunities, participants will deepen their understanding of leadership, diversity, and social change while exploring new perspectives and fostering connections with people from diverse backgrounds.

Course Title: **Civic Leadership: Youth Leading Change**

Civic Leadership: Youth Leading Change is a dynamic and interactive course designed to teach young leaders to understand, engage with, and effect positive change in their communities. Through a combination of experiential learning, interactive workshops, and real-world projects, participants will develop the knowledge, skills, and mindset needed to become effective and ethical leaders in society.

Course Title: **Faith-Based Leadership: Nurturing Values, Building Character**

This Faith-Based Leadership course is a transformative course that integrates principles of faith, values, and character development into leadership education. Participants will explore the intersection of faith and leadership, drawing inspiration from their spiritual beliefs to cultivate virtues such as integrity, compassion, humility, and service. Through a combination of reflective exercises, group discussions, and service projects, participants will deepen their understanding of faith, strengthen their ethical foundation, and develop the skills and mindset needed to lead with purpose and conviction.



Programs and Services

Workshop Title: **College and Career Readiness: Empowering Youth for Success**

The College and Career Readiness: Empowering Youth for Success workshop is designed to equip young people with the knowledge, skills, and resources needed to navigate the transition from high school to higher education and the workforce with confidence and success. Through interactive presentations, hands-on activities, college campus visits, and personalized guidance, participants will explore college and career options, develop essential skills for academic and professional success, and create a roadmap for achieving their educational and career goals.

Workshop Title: **Etiquette and Social Grace: Navigating Social Situations with Confidence & Poise**

The Etiquette and Social Grace: Navigating Social Situations with Confidence & Poise workshop is designed to teach young people the essential skills and knowledge needed to navigate social situations with confidence, professionalism, and grace. Participants will learn about etiquette norms, social customs, and communication strategies to build positive relationships, make a lasting impression, and succeed in both personal and professional settings. Through interactive discussions, role-playing exercises, and hands-on activities, participants will develop the social skills and self-awareness needed to thrive in today's interconnected world.

Event Title: **Dining and Dialogue: Cultivating Conversations and Connections**

Dining and Dialogue: Cultivating Conversations and Connections is a unique event that combines the elements of a social dining experience with engaging dialogue and meaningful conversation. Participants will come together to share a meal, connect with their peers, and engage in thought-provoking discussions on topics of importance and relevance to their lives. Through guided conversations, icebreaker activities, and interactive exercises, participants will have the opportunity to build relationships, expand their perspectives, and foster a sense of community in a relaxed and welcoming environment.



Programs and Services

Workshop Title: **Building Healthy Friendships: Nurturing Connections and Positive Interactions**

Building Healthy Friendships: Nurturing Connections and Positive Interactions is a supportive and interactive series of sessions designed to empower young people with the skills and insights needed to cultivate meaningful and supportive relationships with their peers. Through engaging discussions, interactive activities, and reflective exercises, participants will explore the qualities of a good friend, practice effective communication and empathy, and learn strategies for resolving conflicts and building trust. To support healthy relationships, students will be paired with peers they've never met to foster new friendships. This student opportunity aims to foster a culture of kindness, inclusivity, and support within our community, empowering participants to create and sustain healthy friendships that enrich their lives.

Course Title: **Building Resilience: Strengthening Mental and Emotional Well-being**

Building Resilience: Strengthening Mental and Emotional Well-being is a course designed to empower young people with the skills, strategies, and support needed to cultivate resilience and enhance their mental and emotional well-being. Through a series of interactive workshops, experiential activities, and guided discussions, participants will learn how to navigate life's challenges, manage stress, and build healthy coping mechanisms to thrive in the face of adversity. This course aims to foster a culture of resilience, self-awareness, and self-care within our youth community, empowering participants to lead fulfilling and resilient lives.

Course Title: **Mindful Movement: Exploring Yoga for Youth**

Mindful Movement is an immersive course designed to introduce young people to the transformative practice of yoga, promoting physical health, mental well-being, and self-awareness. Through a series of interactive classes, participants will learn yoga poses, breathing techniques, and mindfulness practices to cultivate strength, flexibility, and inner peace. This course aims to provide a safe and supportive space for young people to explore their bodies, minds, and emotions through the practice of yoga, fostering a sense of calm, balance, and resilience in their lives.



Programs and Services

Youth Advisory Board Description:

The Day Leadership Academy Youth Advisory Board (YAB) is where young leaders come together to shape the future of our youth development program and the community. The YAB is a dynamic group of passionate and committed young people who serve as ambassadors, advocates, and advisors for the program. As members of the YAB, you will have the opportunity to make a meaningful impact, share your perspectives, and contribute to the growth and success of our organization.

Course Title: **Mastering Public Speaking with Confidence and Clarity**

Mastering Public Speaking with Confidence and Clarity is a dynamic and interactive course designed to empower young people with the skills and confidence needed to excel in public speaking and communication. Participants will learn essential techniques, strategies, and practices to become effective and persuasive speakers, whether delivering a speech, presentation, or pitch. Through hands-on exercises, constructive feedback, and real-world application, participants will develop the ability to express themselves with clarity, conviction, and impact in any speaking situation.

Course Title: **Effective Communication: Unlocking Your Potential**

Effective Communication: Unlocking Your Potential is a comprehensive course designed to equip young people with the essential skills and strategies needed to communicate confidently, clearly, and persuasively in personal, academic, and professional settings. Through a combination of interactive workshops, practical exercises, and real-world applications, participants will develop the ability to express themselves with clarity, empathy, and impact, fostering meaningful connections and achieving their goals.



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Day Leadership Academy Programs and Services

Course Title: **Team Building Adventures: Embracing Physical Challenges for Youth**

Team Building Adventures is an exhilarating course designed to engage young people in group physical challenges and outdoor activities aimed at fostering teamwork, leadership, and personal growth. Through a series of interactive and adventurous experiences, participants will push their limits, build confidence, and strengthen bonds with their peers. This course aims to create a supportive and empowering environment where young people can overcome obstacles, embrace challenges, and discover their potential as individuals and team members.

Workshop Title: **Nourish Your Body: Healthy Nutrition and Meal Preparation for Youth**

Nourish Your Body is an engaging workshop designed to empower young people with the knowledge and skills needed to make informed choices about nutrition and prepare healthy, delicious meals. Through interactive activities, cooking demonstrations, and discussions, participants will learn the fundamentals of nutrition, explore the importance of balanced eating, and gain practical tips for planning and preparing nutritious meals on a budget. This workshop aims to foster a culture of health and wellness within our youth community, equipping participants with the tools they need to nourish their bodies and cultivate lifelong habits of healthy eating.

Event Title: **Family Unity: Strengthening Bonds and Building Our Network**

Family Unity: Strengthening Bonds and Building Our Network are special events designed to bring together families from different schools within our youth development program for bonding, connection, and fun-filled activities. Through a series of networking outings, group workshops, and memorable group vacations, families will have the opportunity to strengthen their bonds, build supportive relationships, and create lasting memories together. The Family Unity component aims to foster a sense of community, belonging, and unity among families, empowering them to support each other and thrive as a collective within our youth program.



Programs and Services

Course Title: **Exploring Self-Discovery and Introspection:** In this course, participants embark on a journey of self-discovery and introspection to deepen their understanding of themselves, their values, and their aspirations. Through a series of reflective exercises, discussions, and activities, participants explore their inner world, identify their strengths and weaknesses, and gain insights into their beliefs, motivations, and goals. By cultivating self-awareness and self-compassion, participants develop the tools and mindset needed to navigate life's challenges with confidence and authenticity.



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THANK YOU

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